

## Full-length article

# Induction of murine interleukin-1 beta expression by water-soluble components from *Hericium erinaceum*<sup>1</sup>

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## **Key words**

Hericium erinaceum; interleukin-1; lipopolysaccharide

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#### **Abstract**

**Aim:** To investigate the inductive effect of water extract from *Hericium erinaceum* (WEHE) on interleukin- $1\beta$  (IL- $1\beta$ ) expression. **Methods:** A murine macrophage cell-line, RAW 264.7 was stimulated with 1 to 10 mg/L WEHE and inductions of IL-1β protein and its steady state mRNA were examined using a bioassay, Western blotting, and reverse transcription-polymerase chain reaction (RT-PCR) analysis. The inductive effect of WEHE on IL-1 $\beta$  gene expression was further investigated by a chloramphenicol acetyltransferase (CAT) reporter gene assay using a transient transfection with pIL-1(870 bp)-CAT where the expression of the CAT gene was regulated by a IL-1β promoter. An electrophoretic mobility shift assay (EMSA) was also performed to examine transcription factors, nuclear factor-kappa B (NFκB), activator protein 1 (AP-1), nuclear factor interleukin-6 (NF-IL6), and cAMP response element (CRE)/activating transcription factor (ATF). Results: WEHE induced IL-1β production in both its mRNA and protein expression in a dosedependent manner. The inductive effect of WEHE on IL-1 $\beta$  gene expression was due to the augmentation of the IL-1 $\beta$  transcription. Furthermore, EMSA showed that WEHE markedly increased the binding activities of NF-κB, and to a lesser extent, those of AP-1 and NF-IL6 to their cognate DNA recognition sites, whereas CRE/ATF binding remained constant, all of which are known to be involved in the regulation of IL-1β gene expression. Conclusion: WEHE induces IL-1β expression in macrophages at a transcriptional level by enhancing the activation of transcription factors, NF-κB, NF-IL6, and AP-1.

#### Introduction

Numerous studies have demonstrated that certain components present in dietary mushrooms have been responsible for the modulation of cellular and physiological changes in the host. It is for this reason that mushrooms are often used as cancer therapeutic agents<sup>[1-4]</sup>. *Hericium erinaceum*, a well-known traditional edible mushroom, contains valuable constituents including polysaccharides, lectins, proteins, lipids, hericenone, erinacol, erinacine, and terpenoids<sup>[5-7]</sup>. Recently these components, including water-soluble polysaccharides of H erinaceum, were isolated from its fruiting

bodies and induced intriguing biological activities such as cytotoxicity, synthesis of a nerve growth factor, and antimicrobial function<sup>[6,8–11]</sup>. However, not much attention has been given to the elucidation of other immunological activities and therefore, limited data and references are available.

Interleukin (IL)-1 is a pluripotent and proinflammatory cytokine that orchestrates inflammatory and host-defense responses. Biologically active IL-1β is a 17.5-kDa protein resulting from cleavage of an inactive 31–34 kDa pro-IL-1β<sup>[12,13]</sup>. IL-1β augments T-cell responses to mitogens<sup>[14,15]</sup>, indirectly activates B cells<sup>[16,17]</sup>, increases expression of vascular adhesion molecules<sup>[18]</sup>, and induces other proinflammatory

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cytokines and chemokines<sup>[19,20]</sup>. IL-1 is produced mainly by monocytes and macrophages when stimulated with various antigenic stimulants, including viruses or bacterial components such as lipopolysaccharide (LPS)<sup>[21–23]</sup>. Numerous studies have demonstrated that nuclear factor-kappa B (NF-κB), activator protein 1 (AP-1), nuclear factor interleukin-6 (NF-IL6), and cAMP response element (CRE)/activating transcription factor (ATF) regulate IL-1 transcription in macrophages upon stimulations<sup>[24–27]</sup>.

Since IL-1 is a proinflammatory cytokine, agents that induce the activity of IL-1 have recently gained particular therapeutic and clinical interest<sup>[28–31]</sup>. In the present study, in order to characterize the immunological properties of H erinaceum, we prepared water extract from H erinaceum (WEHE) and investigated the inductive effect of WEHE on IL-1 $\beta$  expression *in vitro*.

### Materials and methods

Reagents and chemicals LPS (from Salmonella typhosa) was obtained from Sigma-Aldrich (St Louis, Missouri, USA) and  $\beta$ -D-(1,3)-(1,6)-glucan from VPGmbH (Hergestellt, Germany). All reagents for RT-PCR were purchased from Promega (Madison, Wisconsin, USA), with the exception of recombinant Taq DNA polymerase (rTaq) and dNTP, which were purchased from Takara Bio Inc (Otsu, Shiga, Japan). Rabbit anti-mouse IL- $1\beta$  antibody and anti-actin antibody were purchased from Santa Cruz Biotechnology Inc (Santa Cruz, CA, USA) and Sigma-Aldrich, respectively. The mouse macrophage-like cell line RAW 264.7 (TIB-71) was purchased from the American Type Culture Collection (Manassas, Virginia, USA).

WEHE extraction, isolation and chemical analysis Dried mushrooms, H erinaceum, were obtained from the Korean Mushroom Corporation (Pochon, Korea). One hundred grams of the mushroom was washed several times with distilled water, soaked in 1.5 L of pyrogen-free water for 2 h, and then boiled for 2 h. Solid particles and aggregates were removed by centrifugation at 3000×g for 30 min and the supernatants were lyophilized. Finally, 26.35 g of the lyophilized water extract was obtained and used in this experiment. The general chemical composition of WEHE was analyzed in triplicate according to the methods of the Association of Official Analytical Chemists<sup>[32]</sup>. Analyses were conducted for moisture (AOAC method 930.15), crude protein (AOAC method 984.13), acid detergent fiber (AOAC method 962.09), ash (AOAC method 942.05) and ether extract (AOAC method 920.39). For the high-performance thin-layer chromatography(HPTLC) analysis, Interlucan 500 [β-D-(1,3)-(1,6)-glucan

from Pharmode] and WEHE were dissolved in HPLC-grade methanol and applied to the pre-washed silica gel 60  $F_{254}$  HPTLC plates (size  $10\times10$  cm; thickness of the silica gel 0.2 mm; Merck, Darmstadt, Germany) with an automated applicator (Linomat IV, CAMAG, Merck KGaA, Germany). The samples were then separated (migration distance 75 mm) using HPLC-grade chloroform/methanol/water/formic acid (48:48: 2:2). The migrated components were visualized at 254 nm using Reprostar 3 with a digital camera (CAMAG, Germany).

**Culture of RAW 264.7 cells** RAW 264.7 cells were cultured with Dulbecco's modified Eagle's medium (DMEM, Cellgro Mediatech, Herndon, Virginia, USA) supplemented with 10% fetal bovine serum (FBS) (HyClone, Logan, Utah, USA), 1×10<sup>5</sup> unit/L penicillin, and 100 mg/L streptomycin at 37 °C in a 5% CO<sub>2</sub> humidified incubator.

Animals Specific pathogen-free 6-week-old C3H/HeJ mice were purchased from Charles River Japan Inc (Hino Breeding Center, Yokohama, Japan). On arrival, the randomized mice were transferred to cages (5 mice per cage) containing a saw dust bedding and quarantined for 1 week. The mice were given food (Purina Certified Lab Chow) and water ad libitum. Their thymocytes were isolated and used for IL-1 bioassay when their body weight reached 17 to 20 g. The temperature of the animal care facility was kept at 21–24 °C and 40%–60% relative humidity with a 12 h light/dark cycle. All animal studies were conducted in accordance with the Guide for the Care and Use of Laboratory Animals as adopted and promulgated by the US National Institutes of Health.

IL-1 bioassay An IL-1 bioassay to determine functional IL-1 levels in media was performed as previously described<sup>[33]</sup>. Briefly, RAW 264.7 cells were plated at 5×10<sup>5</sup> cells/mL in 24-well culture plates and stimulated with 0, 0.1, 1, or 10 mg/L WEHE for 48 h. Indomethacin was added to prevent prostaglandin synthesis in the IL-1 assay. The culture media were harvested and assayed for the activity of IL-1 to induce proliferation of thymocytes isolated from the 6-week-old C3H/HeJ mice. The thymocytes (1.5×10<sup>6</sup>) were cultured for 68 h with 10-fold dilutions of the IL-1-containing supernatants in the presence of phytohemagglutinin and then incubated with [³H]-thymidine for 4 h. The cultures were harvested onto glass filter paper and the [³H]-thymidine uptake was measured by scintillation counting.

RT-PCR RAW 264.7 cells ( $5 \times 10^5$  cells/mL, 10 mL) were treated with 0, 1, 5, or 10 mg/L of WEHE or 500 µg/L of LPS as a positive control for 3 h. The total RNA was isolated from each group of the cells using TRIzol reagent (InVitrogen, Carlsbad, California, USA) and equal amounts of RNA were reverse transcribed into cDNA with random hexamers (Promega Corporation, Madison, Wisconsin, USA). For PCR,

the amplifications were performed in a total volume of  $30 \mu L$  containing 0.5 units of rTaq and 10 pmol of primers specific to murine IL-1 $\beta$  (5'-AAGCTCTCACCTCAATGGA-3' and 5'-TGCTTGAGAGGTGCTGATGT-3') and  $\beta$ -actin (5'-GTGGGGCGCCCCAGGCACCA-3' and 5'-CTCCTTAATGTCA CGCACGATTC-3'). The amplifications were performed for 25 cycles for  $\beta$ -actin and for 30 cycles for IL-1 $\beta$ . Equal volumes of RT-PCR products were separated on an agarose gel (1%) and visualized by ethidium bromide staining with a gel documentation system (Gel Doc 2000, Life Science Research, Hercules, CA, USA). Relative expression of the IL-1 $\beta$  to the  $\beta$ -actin control was quantitated using a densitometer with Multi gauge software (Fujiphoto Film Co Ltd, Tokyo, Japan).

Transient transfection of RAW 264.7 cells and CAT assay RAW 264.7 cells were transiently transfected with an IL-1β reporter gene construct pIL-1(870 bp)-CAT, which expresses CAT reporter genes solely regulated by the activity of the IL-1β promoter<sup>[33]</sup>, using the DEAE-Dextran method as previously described<sup>[34]</sup>. The cells were then adjusted to 5×10<sup>6</sup> cells per 10 mL of the media, placed onto 100 mm plates, and incubated in a 5% CO<sub>2</sub> humidified incubator at 37 °C for 24 h. The transfectants were treated with 2, 5 or 10 mg/L of WEHE. Eighteen hours later, the cells were washed with ice-cold PBS, resuspended in 0.25 mmol/L Tris (pH 7.8) and subjected to 3 cycles of freezing and thawing. The lysates were centrifuged (12 000×g for 10 min at 4 °C) and the supernatant was assayed for CAT activity by the TLC method<sup>[35]</sup>. The amount of radioactivity was determined by an image analyzer (Phosphor Imager, Molecular Dynamics, Sunnyvale, CA, USA) for quantitative analysis.

Western blotting RAW 264.7 cells (5×10<sup>5</sup> cells/mL, 10 mL) were placed onto a 100 mm tissue culture dish in DMEM supplemented with 10% FBS and antibiotics ( $1 \times 10^5$  unit/L penicillin and 100 mg/L streptomycin). Cells were treated with 0, 1, 5 or 10 mg/L of WEHE for 24 h. At the end of incubation, cells were washed once with PBS and lysed with RIPA buffer (Upstate Biotechnology, Lake Placid, NY, USA) as recommended by the manufacturer. Twenty micrograms of the whole-cell lysate were separated by 10% SDS-polyacrylamide gel electrophoresis and electro-transferred to a PVDF membrane (Millipore, Bedford, MA, USA). The membrane was incubated with a blocking buffer (5% BSA/1X TBS/0.1% Tween-20) at room temperature for 1 h and then was kept on ice overnight with the same buffer containing rabbit polyclonal antibodies against IL-1β or actin. After washing 3 times with TBS-T (1×TBS/0.1% Tween-20), the membrane was incubated with HRP-conjugated anti-rabbit IgG in the blocking buffer at room temperature for 1 h. Then, after washing 3 times with TBS-T, the immunoreactive bands were detected with enhanced chemiluminescence reagents (Amersham Biosciences, Piscataway, NJ, USA).

Electrophoretic mobility shift assay (EMSA) The cells  $(5\times10^6 \text{ cells/mL})$  were treated with 1, 5, or 10 mg/L of WEHE or 500 µg/L of LPS as a positive control for 90 min. Nuclear extracts were prepared as previously described<sup>[34]</sup>. Briefly, cells were lysed with hypotonic buffer (10 mmol/L Hepes, 1.5 mmol/L MgCl<sub>2</sub>, pH 7.5) and the nuclei were pelleted by centrifugation at 3000×g for 5 min. Nuclear lysis was performed using a hypertonic buffer (30 mmol/L Hepes, 1.5 mmol/L MgCl<sub>2</sub>, 450 mmol/L KCl, 0.3 mmol/L EDTA, 10% glycerol, 1 mmol/L dithiothreitol (DTT), 1 mmol/L phenylmethyl-sulfonyl fluoride (PMSF), and 1 mg/L each of aprotinin and leupeptin). Following lysis, the samples were centrifuged at 14 500×g for 20 min, and the supernatant was retained for use in the DNA binding assay. Double-stranded deoxyoligo nucleotides containing each consensus recognition site (in italics) of the NF-κB, AP-1, NF-IL6, and CRE/ATF are as follow: NF-kB; 5'-GATCTCAGAGGGGACTTTCCGAGAGA-3', AP-1; 5'-GATCTGCATGAGTCAGACACA-3', NF-IL6; 5'-GATCTACATGTTGTGCAACTTGCCTA-3', and CRE/ATF; 5'-CTCGAGAGAGATTGCCTGACGTCAGAGAGCTA GAGATCT-3'. The oligonucleotides were synthesized and end-labeled with  $[\gamma^{-32}P]$ -dATP. Nuclear extracts (5 µg) were incubated with 1 µg poly (dI-dC) and the <sup>32</sup>P-labeled DNA probe in the binding buffer (100 mmol/L KCl, 30 mmol/L Hepes, 1.5 mmol/L MgCl<sub>2</sub>, 0.3 mmol/L EDTA, 10% glycerol, 1 mmol/L DTT, 1 mmol/L PMSF, and 1 mg/L of each aprotinin and leupeptin) for 20 min at room temperature. Protein/DNA binding complexes were separated from free probe using a 4.8% polyacrylamide gel in 0.5×TBE (44.5 mmol/L Tris, 44.5 mmol/L boric acid, and 1 mmol/L EDTA). Following electrophoresis, the gel was dried and subjected to autoradiography.

**Statistical analysis** The mean±SD was determined for each treatment group in a given experiment. The treatment groups were compared to appropriate controls to find significant differences using a Dunnett's two-tailed *t*-test.

## **Results**

Basic chemical composition of WEHE The general chemical composition of WEHE showed a relatively higher concentration of crude protein (44.82%) and carbohydrate (27.63%) than other components (Figure 1A). Further analysis of carbohydrate using HPTLC showed that  $\beta$ -glucan was one of the major components of WEHE (Figure 1B).

**WEHE treatment augments IL-1 production in RAW 264.7 cells** The effect of WEHE on IL-1 induction was examined in RAW 264.7 cells using bioassay. A significant (*P*<0.05) in-

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Crude protein	Carbohydrate	Crude ash	Moisture	Crude fiber	Crude fat
44.82%	27.63%	16.84%	9.05%	0.94%	0.72%

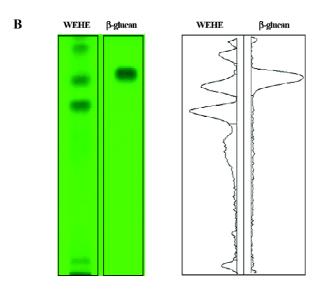
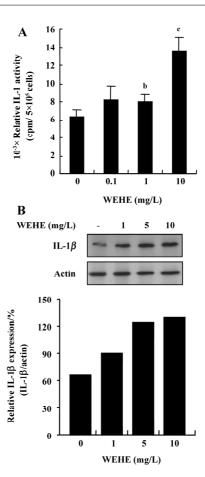


Figure 1. Basic chemical composition of WEHE. (A) WEHE was analyzed for basic chemical composition according to association of analytical communities (AOAC). (B) WEHE was subjected to high performance thin layer chromatography (HPTLC) in parallel with  $\beta$ -glucan.

crease in the activity of IL-1 was observed when the cells were stimulated with 1 or  $10\,\text{mg/L}$  of WEHE (Figure 2A). The IL-1 $\beta$  protein expression was examined using Western blotting since the bioassay may have been interferred with other similar or closely related molecules although we added appropriate inhibitors. As shown in Figure 2B, the level of IL-1 $\beta$  in the macrophage cells was increased in proportion to the concentration of WEHE. Meanwhile, no change in the actin expression was observed, indicating specific induction of IL-1 in macrophages by WEHE. Cell viabilities in any of the WEHE treatment groups were not affected, in which live cells always exceeded 90% as determined by trypan blue staining (data not shown).

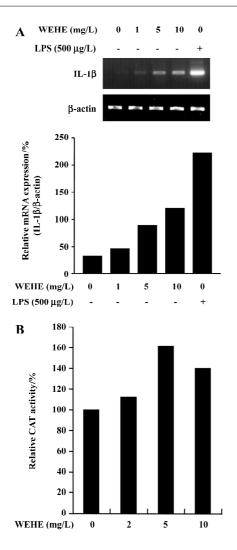
WEHE-mediated augmentation of IL-1 $\beta$  production was due to up-regulation of its transcription Next we examined the steady-state levels of mRNA encoding IL-1 $\beta$  in RAW 264.7 cells treated with WEHE. As shown in Figure 3A, the cells maintained in normal conditions expressed undetectable levels of IL-1 $\beta$  mRNA, whereas the level of expression dramatically increased when the cells were stimulated with 500  $\mu$ g/L of LPS, which served as a positive control. It is evident that WEHE induced a dose-dependent



**Figure 2.** WEHE induced IL-1 production in RAW 264.7 cells in a dose-dependent manner. (A) RAW 264.7 cells  $(5 \times 10^5 \text{ cells/mL})$  were treated with 0, 0.1, 1, or 10 mg/L of WEHE for 48 h. At the end of culture period, the culture media were analyzed for IL-1 activity by measuring the ability to induce proliferation of murine thymocytes. n=3. Mean±SD.  $^bP<0.05$ ,  $^cP<0.01$  vs control. (B) RAW 264.7 cells  $(5 \times 10^5 \text{ cells/mL}, 10 \text{ mL})$  were treated with the indicated concentrations of WEHE for 24 h. Cells were lysed and equal amount of cell extracts were analyzed by Western blotting with a specific antibody to IL-1β.

increase of IL-1 $\beta$  mRNA. Since the enhancement of IL-1 $\beta$  transcripts could be due to either increased stability of IL-1 $\beta$  mRNA or up-regulation of IL-1 $\beta$  transcription, we performed an *in vitro* transfection assay with a reporter gene, pIL-1 (870bp)-CAT, where the expression of CAT is regulated by IL-1 $\beta$  promoter. As shown in Figure 3B, the activity of IL-1 $\beta$  promoter increased in cells treated with WEHE compared to the negative control.

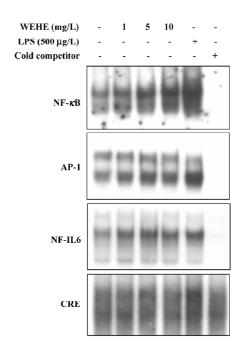
Positive regulation of transcription factors, NF- $\kappa$ B, AP-1, and NF-IL6 by WEHE We have further investigated the mechanism of WEHE for the transcriptional activation of the IL-1 $\beta$  gene. DNA-binding activity of transcription factors, NF- $\kappa$ B, NF-IL6, AP-1, and CRE/ATF, all of which



**Figure 3.** Augmentation of IL-1β transcription by WEHE in RAW 264.7 cells. (A) RAW 264.7 cells were treated with 0, 1, 5, or 10 mg/L of WEHE or 500 μg/L of LPS as a positive control for 3 h. At the end of the culture period, total RNA was prepared and subjected to RT-PCR. RT-PCR products of IL-1β and β-actin mRNA were separated in a 1% agarose gel and visualized by ethidium bromide staining (upper). The extent of target gene expression was quantitated using densitometry with each group normalized to its respective actin control (lower). (B) Cells were transfected with the pIL-1(870bp)-CAT reporter gene construct using the DEAE-Dextran method. Twenty-four hours after transfection, cells were treated with 0, 2, 5 or 10 mg/L of WEHE for 18 h. Cell extracts were prepared and subjected to the CAT assay.

have been known to exist on the promoter sequence of IL-1β and contribute to its transcriptional regulation, are examined using EMSA. As shown in Figure 4, the DNA-binding ability of NF-κB increased in the cells upon exposure to WEHE in a dose-dependent manner. It was further evident that the DNA-binding activities of NF-IL6 and AP-1 also increased,

although the effects were less dramatic than NF-κB. However, no change was observed in the DNA binding activity of CRE/ATF to its cognate DNA recognition sequences (Figure 4).



**Figure 4.** Effect of WEHE on the DNA binding activities of transcription factors, NF- $\kappa$ B, AP-1, NF-IL6, and CRE/ATF in RAW 264.7 cells. RAW 264.7 cells were treated with WEHE (0, 1, 5, or 10 mg/L) or LPS (500 μg/L) as a positive control for 90 min. Nuclear extracts were isolated and incubated with <sup>32</sup>P-labeled oligonucleotides containing consensus sequences recognizing NF- $\kappa$ B, AP-1, NF-IL6, or CRE/ATF. One picomole of <sup>32</sup>P-unlabeled probe was utilized for competition assay as indicated to "cold competitor". Reaction products were electrophoresed, and the gels were dried and autoradiographed. The result is representative of 3 separate experiments.

## **Discussion**

There is increasing interest in the use of mushrooms and mushroom extracts, not only as dietary supplements, but also as therapeutic supplements based on theories and findings, with a paucity of data, which indicate that they modulate immune function. In the present study, WEHE induced the secretion of IL-1 $\beta$  and its mRNA expression in murine macrophages. Although some other possibilities cannot be excluded, our study indicates that WEHE induction of IL-1 $\beta$  expression in murine macrophage might be primarily due to the up-regulation of IL-1 $\beta$  mRNA as determined by the *in vitro* CAT reporter gene assay. This is further supported by the fact that WEHE induced activation of responsible transcription factors such as NF- $\kappa$ B, AP-1

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and NF-IL6, leading to an increase in IL-1β transcription.

IL-1 represents a potent inflammatory cytokine with numerous biological activities that regulate host defense and immune responses [12,18]. In addition to the role of IL-1 as an important immunoregulator, it also appears to be involved in anticancer activity. IL-1 has a suppressive effect on the proliferation of human prostate cancer [36], ovarian cancer [37], and breast cancer [38]. Conversely, a strong carcinogen, 2-acetylaminofluorene inhibits IL-1 $\beta$  expression [25]. Together with these aforementioned reports, our findings on the inductive effect of WEHE on the expression of IL-1 could give an important insight into the explanation of a possible mechanism by which polysaccharides isolated from *H erinaceum* produce antitumor activities [11].

We further demonstrated that WEHE stimulating IL-1 $\beta$  expression in murine macrophages was due to the up-regulation of transcription factors, especially NF- $\kappa$ B, where the changes of NF- $\kappa$ B were superior to other transcription factors. It is well established that the activation of NF- $\kappa$ B is strictly regulated by the binding of its inhibitor,  $I\kappa B\alpha^{[39]}$ . Phosphorylation and subsequent proteasomal degradation of  $I\kappa B\alpha$  disrupts the  $I\kappa B\alpha$ -NF- $\kappa$ B complex, thus allowing for the translocation of activated NF- $\kappa$ B into the nucleus  $I^{[39-42]}$ . In the nucleus, NF- $\kappa$ B binds onto its consensus sequence on the promoter regions of various genes, including IL-1 $\beta$ , TNF- $\alpha$ , IL-6, and  $I^{[40,43]}$ . Therefore, it is very likely that the expression of not only IL-1 $\beta$ , but also other proinflammatory mediators, could be affected by WEHE through a similar mechanism to those observed in this study.

In conclusion, the present study suggests that WEHE has a stimulatory effect on IL-1 production in macrophages via activation of transcription factors such as NF-κB. This study could be valuable in that WEHE might have therapeutic potential, although further examination is necessary in terms of efficacy in animal studies and safety, including adverse effects.

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